

Monday
Tuesday
Wednesday
Thursday
Friday

Please pay all past due charges!!

Popcorn Chicken Bites
Buttered Rotini
Tiny Broccoli Trees

Macho Nachos!!!
Whole Kernel Corn

Bacon Cheese Burger
Toasty Tater Tots
Ice Cream Cup

Protein Packed
Chicken Patty
Tiny Broccoli Trees

Cheesy Cheese Pizza
Spicy Buffalo Wing Pizza
Garden Fresh Green Salad
Ooooooh! Oreo Whip!!!

Cheesy Cheese Pizza
Pepperoni Pizza
Crisp Garden Salad
Yummy Yogurt Pack

Chef's Choice

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Have a great summer!

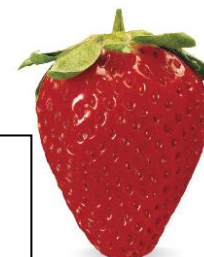
Daily Entrées:

- Fresh Entrée Salads
- Assorted Subs, Wraps and Sandwiches
- Peanut Butter and Jelly Sandwich

**Harvest
of the
Month**

Daily Sides:
Assorted Fresh Fruit, Veggie Cruncher
Cups, Variety of Chilled Fruit and Juice,
Ice Cold New York State Milk

The Harvest of the Month featured fruit is
strawberries


Healthy Serving Ideas

- Slice strawberries into high fiber cereal and calcium-rich lowfat yogurt.
- Blend frozen strawberries with orange juice (or lowfat yogurt) and ice to make a quick and tasty smoothie.
- Add strawberries to a spinach salad.
- Microwave sliced strawberries with a small amount of 100% orange juice to make a topping for pancakes and waffles.
- Strawberries are a tasty snack any time of the day. Just wash them, remove the stem, and enjoy.